

A photograph of three construction workers in safety gear (hard hats and high-visibility vests) standing near a large yellow Kiewit machine. One worker is holding a clipboard and talking to another. The machine has 'Kiewit 12-1239' and '6130' visible on it.

Introducing

Preventing Runovers and Backovers

A comprehensive training program designed to keep roadway construction workers safe from being struck by construction trucks and equipment.

This four-hour training program is now available from the American Road and Transportation Builders Association (ARTBA) with support from the Occupational Safety and Health Administration (OSHA).

The program is **FREE** to all participants. A course accreditation card will be provided by ARTBA.

UNDERSTAND the hazards faced by roadway construction workers every day, especially workers on foot.

LEARN how to create safe “zones” for workers and equipment to avoid struck-by incidents.

DEVELOP your own internal Traffic Control Plan to create safe routes for workers, trucks and construction equipment.

For information on attending or host this valuable course
Contact Omar Lopez at 202.289.4434 or email at olopez@artba.org or
Robinson Vasquez at 202.289.4434 or email at rvasquez@artba.org.

Preventing Runovers and Backovers

Internal Traffic Control Plans

Overview:

This is a comprehensive training program developed to minimize runover and backover incidents in roadway work zones. Course materials cover most information needed to develop and implement Internal Traffic Control Plans (ITCPs) on roadway construction sites as the primary means to reduce runovers and backovers. The target audience for the comprehensive program includes site workers, safety professionals and company safety officers, senior project managers, site superintendents and lead persons. The training is also valuable for roadway owners including traffic engineers and construction managers.

The program is designed to be customized for specific audiences by using relevant modules and not using others.

Objectives:

Upon completion of the full course, participants should be able to do the following:

- Understand the functions and purpose of the Occupational Safety and Health Administration (OSHA), and workers' and employers' rights and responsibilities
- Explain the most common cause of death and injury for roadway construction workers
- Understand why workers on foot are vulnerable to runover and backover incidents in heavy and highway construction
- Explain the elements of an Internal Traffic Control Plan and the hazards ITCPs are designed to mitigate
- Discuss the roles and responsibilities all members of the construction team have with regards to successful deployment of and ITCP
- Explain their role in ensuring and ITCP functions properly on a job site
- Develop an ITCP for any project on which they will work
- Implement an ITCP on a construction site